



NUTRITION FACTS // LAST UPDATED 2.6.18

INGREDIENT	SERVING SIZE (OZ)	CALORIES	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (G)	CHOLESTEROL (MG)	SODIUM (MG)	CARBO - HYDRATES (G)	DIETARY FIBER (G)	SUGARS (G)	PROTEIN (G)
<b>DOUGH</b>											
Traditional	7	470	3	1	0	0	700	92	4	3	19
Ancient Grain	7	460	4	1	0	0	780	90	6	6	19
Gluten Free	7	710	17	0	0	0	1230	116	5	17	11
<b>SAUCE</b>											
Classic Tomato	1	15	0.5	0	0	0	120	3	less than 1	1	less than 1
Spicy Tomato	1	15	0.5	0	0	0	120	3	less than 1	1	less than 1
Mushroom Truffle	1	40	3	1	0	10	110	2	0	0	1
Garlic Ricotta	1	45	4	2	0	15	200	3	0	1	4
Basil Pesto	1	90	10	2	0	less than 5	180	1	1	2	2
French Onion Reduction	1	35	2	0	0	0	100	4	0	3	less than 1
Sweet Ricotta	1	50	3	2	0	15	55	3	0	2	3
<b>CHEESE</b>											
Mozzarella	1 2/3	130	10	6	0	25	140	0	0	0	12
Shredded Mozz	2	90	6	4	0	20	210	1	0	0	6
Vegan Mozzarella	2	90	6	2	0	0	280	7	1	0	1
Goat Cheese	1	80	6	4	0	25	80	3	0	1	5
Feta Cheese	1	80	6	4	0	20	320	1	1	0	5
Blue Cheese	1	100	8	5	0	21	400	1	0	0	6
Parmesan	0.5	50	4	3	0	15	240	0	0	0	6
<b>TOPPING</b>											
Baguette Crouton	8(ea)	100	3	0	0	0	280	17	0	0	3
<b>PRODUCE</b>											
Broccoli	1	10	0	0	0	0	5	2	1	1	1
Grilled Onions	2	30	1	0	0	0	130	5	1	2	1
Fresh Jalapenos	1	5	0	0	0	0	0	1	0	0	0
Tomatoes	1	5	0	0	0	0	0	0	0	0	0
Pineapple	3	20	0	0	0	0	0	6	3	3	0
Mushroom	1	5	0	0	0	0	1	1	0	1	1
Roasted Red Pepper	1	10	0	0	0	0	135	2	0	1	0
Spinach	1	0	0	0	0	0	25	1	1	0	1
Arugula	0.5	0	0	0	0	0	0	0	0	0	0
Basil	0.5	0	0	0	0	0	0	0	0	0	0
Sundried Tomato	1	110	2	0	0	0	70	22	5	15	6
Pickled Red Onion	1	10	0	0	0	0	170	2	0	less than 1	0
Banana Pepper	1	5	0	0	0	0	280	1	1	0	0
Black Olive	1	20	4	0	0	0	250	4	0	0	0
Blueberries	4	60	0	0	0	0	1	16	3	11	1
Strawberry	4	35	0	0	0	0	1	9	2	5	1
Romaine	8	5	0	0	0	0	16	8	8	0	0
<b>PROTEINS</b>											
Pepperoni	1.25	170	15	6	0	30	640	0	0	0	8
Beef Meatball	2	60	3	1.5	0	10	250	2	2	0	6
Chicken	2	90	4	1	0	40	170	0	0	0	11
Italian Sausage	2	50	3	1	0	12	130	0	0	0	4
Egg	1 yolk	70	5	2	0	185	70	0	0	0	6
Salami	0.5	50	5	2	0	10	230	1	0	0	3
Bacon	1	120	8	4	0	40	1000	0	0	0	12
Shrimp	4	130	2	0	0	220	430	1	0	0	27
Chickpeas	2	60	2	0	0	0	140	8	3	0	3
Vegan Sausage	2	110	6	0	0	0	480	2	0	0	12
<b>DRIZZLES</b>											
Fig Balsamic	0.5	30	0	0	0	0	100	7	0	6	0
Basil Pesto	0.5	45	5	1	0	0	90	1	0	1	1
Garlic Oil	0.5	100	14	2	0	0	0	0	0	0	0
Mighty Quinn's BBQ	0.5	40	0	0	0	0	220	10	0	9	0
Ranch	0.5	60	6	1	0	10	115	1	0	1	1
Red Pepper Chili Oil	0.5	15	4	0	0	0	70	1	0	0	0
Olive Oil	0.5	100	14	2	0	0	0	0	0	7	0
Raspberry Drizzle	0.5	30	0	0	0	0	30	8	0	7	0
Hot Honey	0.5	70	0	0	0	0	0	18	0	14	0
Red Pepper Flakes	0.5	0	0	0	0	0	0	0	0	0	0
Italian Dressing	0.5	50	5	2	0	0	135	2	0	2	0
Sweet Onion Drizzle	0.5	10	0	0	0	0	5	3	0	2	0
Powdered Sugar	1	120	0	0	0	0	0	30	0	28	0
<b>HITS</b>											
Maverick	1(ea)	980	45	20	0	92	2290	97	4	5	53
The OG	1(ea)	620	14	7	0	25	960	95	4	4	31
Gnarlic	1(ea)	870	41	14	0	55	1500	101	5	7	43
Moonstruck	1(ea)	830	25	13	0	68	1361	111	5	13	43
Pineapple Jack	1(ea)	800	23	12	0	50	1820	114	7	16	40
Salad Pizza	1(ea)	710	22	10	0	35	2001	110	13	5	31
Farmer's Daughter	1(ea)	870	30	13	0	237	1495	97	5	4	48
American Honey	1(ea)	930	35	17	0	80	1680	116	4	19	44
Lori Lane	1(ea)	800	6	3	0	15	817	165	10	63	24
Le Royal	1(ea)	800	28	7	0	20	1295	117	4	8	28
<b>&amp;SODA™</b>											
Ginger Berry Lemonade	10oz liquid + 10oz ice	110	0	0	0	0	0	31	0	31	0
Burdock + Anise Root Beer	10oz liquid + 10oz ice	110	0	0	0	0	0	31	0	31	0
Mango + Passion Fruit	10oz liquid + 10oz ice	110	0	0	0	0	0	31	0	31	0
CEREAL MILK® Cream Soda	10oz liquid + 10oz ice	140	0	0	0	0	0	0	0	0	0
Dark Cherry Cola	10oz liquid + 10oz ice	110	0	0	0	0	0	31	0	31	0
Pear + Fig Elixir	10oz liquid + 10oz ice	110	0	0	0	0	0	31	0	31	0
<b>WATER</b>											
Lacroix™ Flavored Sparkling Water	12oz	0	0	0	0	0	0	0	0	0	0
<b>&amp;TEA®</b>											
Unsweet Lemongrass Peach White	16oz	0	0	0	0	0	0	0	0	0	0
Peach Ginger	16oz	70	0	0	0	0	14	18	0	18	0
Sweet Mint	16oz	70	0	0	0	0	14	18	0	18	0
<b>SWEET SIDES</b>											
CEREAL MILK® Cream Soda Cookie	.99g	120	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

THE FINE PRINT

// Calorie values reflect FDA rounding rules. Information may vary slightly depending on location and supplier. The nutrition information is generated by the industry standard Genesis R&D Nutritional software.  
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